



## “If You Love Me, Lean Hard”

A missionary went to the mission field where the custom was to sit on the floor, something she was not use to doing. One of her pupils saw what was needed so she sat down behind her teacher and with her own body supported the body of the missionary back to back. After a few moments, the pupil decided that the teacher was not taking full advantage of the help she was offering, so the girl whispered, “If you love me, lean hard.”

These last few weeks have been difficult to say the least. My brother’s untimely death took the wind out of me. Grief does that. It takes all that is familiar, all that is routine, all that is stable and turns it upside down. Grief affects every area of life. It attacks the defenses, weakens the immune system, and churns up the emotions.

Life is different now. I will no longer hear my brother’s voice, see his face, share in the stories, and laugh at the jokes. Memories are a poor substitute for the real thing!

I wanted more! More time, more memories, more laughs, but Jesus has my brother now.

As difficult as it is I rest in the promises of eternal life. I am ever thankful for the comfort of the Gospel and for the community of Faith. Cards, well wishes, hugs, prayers, plants and flowers all bear witness to the great Company of the Saints in which I live. Thank you for your love and care!

“We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then whether we live or whether we die, we are the Lord’s”.

(Romans 14:7-8)

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Peace,

Pastor John Albertson



## Faith Church News

**We continue to pray for** Milo Popp, Dick Hein, Nick nephew of Catherine Dytrt, Harold Thompson grandfather of Chris Thompson

### **Would you like to ring in the bell choir?**

Anyone who can read music can play bells and it's a good stewardship for your church and fun! If you are interested please contact Steve Roggow at 319.270.5253 or swroggow@gmail.com.

**The Prayer Shawl Ministry is looking** for more baby prayer shawls as our supply has dwindled. These may be 40" x 40" and can be knitted or crocheted. If interested, please contact Lori Tweeton at churndash2008@yahoo.com.

**Attention ladies:** Daytime Disciples will begin meeting on September 25th at 1:00 pm. We will meet twice a month in October on the 9th & 23rd at 1:00 pm. See the next SEED for more details.

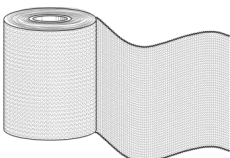
**Attention Golfers:** Faith Lutheran Church Golf Outing on Sunday, October 7th beginning at 2:30 pm at Fawn Creek Golf Course in Anamosa. Cost: \$22.00 (includes 9 holes of golf, cart, and a hamburger meal to follow) Format: 2 Person Best Shot Sign up sheet in the back of the Narthex.

Questions: Contact Dave Gerlach Be prepared for lots of fun, food, and fellowship!

## Coffee With Pastor/Bandages

Join us on Thursday, September 27th, at the special time of 1:30 pm when our Coffee with Pastor time will be our representative, Ruth from The Global Health Ministries sharing information about our Rolling Bandage program and other service opportunities that GHM needs. Faith is looking for people who can spare a couple of hours once or twice a month. The sheets are picked up from a local hotel (they donate old sheets) and they are torn into strips, threads are stripped and then rolled into bandages.

Hope you can join us for fellowship and being a small part in the work of this global ministry.



## Worship Team Update

Worship teams Update: Thank-you for a wonderful turnout on Rally Sunday. We are still looking for a few people to assist with Altar Guild, Ushering and Greeting. There are openings on Saturday as well as Sunday. There are 2 Sign-up sheets on the table in the Narthex. The openings are highlighted. Prayerfully consider signing up for one of our needs or to be a sub. Thank you—  
Connie Bulman, Worship Director

## MSLC Lasagna Dinner

Marion Senior Living Community will be having a Lasagna Dinner fundraiser at Faith on Thursday, September 13th from 5:00-7:00 pm. Sign up sheets are now on the welcome table in the narthex for dessert donations and volunteers to work a shift for set up, serving and clean-up. Please help out this worthy cause. See Don River, Katy Zylstra or Jen for tickets 377-9700.

## Parish Nurse Notes

There will not be a blood pressure and sugar check in September due to God's Work, Our Hands event. The next blood pressure and blood sugar check is October 14th after service in Associate Pastor's office. Back to school season is here!

There is some information on vaccines on my bulletin board. Vaccines are not just for kids, adults too! It is the time to start thinking about your flu shot, fall and winter will be here soon. Talk to your health care provider about other vaccines you may need.

If you would like to talk to me, you can e-mail Christy Pratt at [parishnurse@faithlutheran.org](mailto:parishnurse@faithlutheran.org) or call me at 361-0445. All discussions are confidential!



Parish Nurse

## Men's Day of Renewal

Calling all men! Sign up now for a morning of interactive renewal with Pastor John on Saturday, October 6th from 9:00 am—noon at Prairiewoods Spirituality Center. Lunch will be provided. Sign up now on the clipboard on the welcome table in the narthex.



## God's Work, Our Hands

God's Work Our Hands (GWOH) is set for next Sunday September 9<sup>th</sup> here at Faith. It is a day the ELCA has set aside for a day of service. There are clipboards with sheets in the narthex to sign up for a service project. Also, when signing up, indicate if you need a shirt or not. We will be using the same shirts from our last GWOH. There will be service projects for everyone! Note there is a change in a service project.

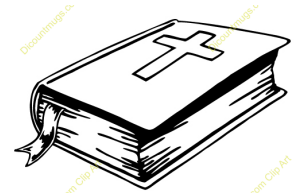


We are doing a special food drive and monetary donation for HACAP to bring to the reservoir on GWOH Sunday. We are also taking hygiene donations for the hygiene kit project. We are looking for full size bottles of shampoo, conditioner, deodorant and toothpaste.

We will have 9 am church service followed by breaking up into our service project groups. We will begin our service projects after instruction. The projects will last for couple of hours. Come join us for a day of service, faith and fun!

## Sunday School & Bibles

Join us for the kickoff of Sunday School on September 16th at 10:15 am! We will also be handing out bibles both on Saturday and Sunday to kids.



## Movie Night

Join us for Family Movie Night on Saturday, September 15th. From 7:00-9:00 pm the all ages options in the Family Center is "Sherlock Gnomes" (PG) or for Bigger kids & Middle School in the Middle School room we have "Ready Player One" (PG-13).

For Middle School & Older in the Youth Room we have "Avengers Infinity War" (PG-13). The Grown Up Pick is "Won't You Be My Neighbor" (PG-13)



(Pre-K youth must be accompanied by parent or caregiver) Donations are always welcome to help pay for the snacks, come and join the fun family night!

## Wednesday Night Live

**Wednesday, Sept 5th**—WNL Team Dinner & Training

**Wednesday, Sept. 12th** —WNL Kickoff with HS team for cooking and clean-up.

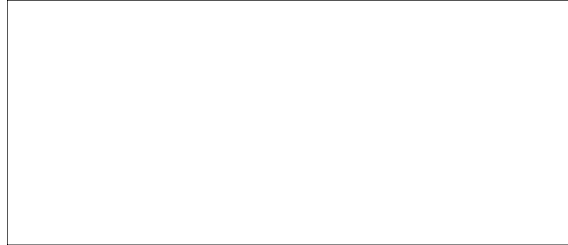
**Wednesday, Sept. 19th** —WNL Kickoff with Men's team for cooking and clean-up.





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We are a community of Faith,  
growing in Christ, sharing God's love.

## Worship Opportunities

All are welcome and invited to worship at  
Faith Lutheran Church.

### Worship Times

#### Saturdays

5:30 pm— Worship

#### Sundays

9:00 am— Worship

*Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.*

#### Faith Lutheran Church Staff

**John A. Albertson**  
Senior Pastor

<b>Jen Heinsius</b> Secretary	<b>Daniel Stone</b> Director of Youth and Family Ministry
<b>Diane Lehtinen</b> Choir Director	<b>Steve Roggow</b> Bell Choir
<b>Christy Pratt</b> Parish Nurse	

#### Faith Lutheran Church Council Members

<b>David Ripley</b> President	<b>Connie Bulman</b> Director of Worship
<b>Jeff Ausman</b> Vice President	<b>Kellie &amp; Josh Osbeck</b> Directors of Youth
<b>Paula Burley</b> Secretary	<b>Barb &amp; Chris Thompson</b> Director of Fellowship
<b>Karen Cain</b> Treasurer	Director of Witness
<b>Dave Koch</b> Financial Secretary	<b>Mike Dautremont</b> Director of Facilities
<b>Diane Lehtinen</b> Director of Adult Nurture	<b>Vicki Barnidge</b> Director of Youth Nurture
<b>Christy Pratt</b> Director of Social Concerns	

But most of the real work is done by unpaid members of the congregation,  
often without recognition, who see their service as a response to God.