



God's Witnesses

“Many people would gladly be God’s witnesses when everything goes according to their wishes. They like to be holy, as long as their devotions are not too much of a burden; they would be happy enough to experience great fervor and profess their faith openly, if only there were no distress, no grief, no drudgery involved. Once, however, they know the terrors and temptations of spiritual darkness, as soon as they no longer experience the emotional comfort of God’s closeness, and feel forsaken within and without, they turn back and they are no witnesses at all. All people desire peace and they look for it in all kinds of ways and places. Oh, if only they would free themselves of this illusion, and learn to look for it in tribulation. Only there is born abiding peace, lasting peace that will endure; if you look for it elsewhere, you will fail miserably. **You ought to seek joy in sadness, detachment in the midst of disaster, and comfort in bitterness; this is the way to become a true witness of God.** Before His death, our Lord always promised peace to His disciples; before and after the Resurrection He did so. And yet they never obtained and outward peace. Nonetheless, they found peace in sorrow, and joy in tribulation. In death they found life. They were God’s witnesses”. Johannes Tauler, 1300-1361. German Dominican mystic and preacher who was a pupil of Meister Eckhart.

“**You shall be my witnesses**” Jesus said. In order to witness to others you need to be fed with the Word, you need to participate in the Sacrament, you need to be active in your faith life, worshipping, praying, studying, so that when troubles come you can face them with faithful confidence that God is with you. Then and only then can you be Christ to your neighbor.

There are many opportunities to “feed” you soul at Faith. I encourage you to explore the possibilities and get involved for your sake and for the sake of your neighbor!

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Peace,

Pastor John Albertson

Faith Church News

We continue to pray for Brad Devine, Milo Popp, Nick nephew of Catherine Dytrt, Harold Thompson grandfather of Chris Thompson

We express our sympathy to Helen Hale on the recent passing of her sister-in-law, Iva Heiserman.

The Prayer Shawl Ministry is looking for more baby prayer shawls as our supply has dwindled. These may be 40" x 40" and can be knitted or crocheted. If interested, please contact Lori Tweeton at churndash2008@yahoo.com.

Attention ladies: Daytime Disciples will begin meeting on September 25th at 1:00 pm. We will meet twice a month in October on the 9th & 23rd at 1:00 pm. See the next SEED for more details.

Attention Golfers: Faith Lutheran Church Golf Outing on Sunday, October 7th beginning at 2:30 pm at Fawn Creek Golf Course in Anamosa. Cost: \$22.00 (includes 9 holes of golf, cart, and a meal to follow) Format: 2 Person Best Shot Sign up sheet in the back of the Narthex. Questions: Contact Dave Gerlach Be prepared for lots of fun, food, and fellowship!

Want to support Troop 360's trip to Philmont, NM in 2019? If so, please see the Stark family to buy popcorn, chocolate covered pretzels, trail mix, or a military donation. If you want to support our Cub Scout in Pack 560, please see Dylan Schroeder.

Coffee With Pastor/Bandages

Join us on Thursday, September 27th, at the special time of 1:30 pm when our Coffee with Pastor time will be our representative, Ruth from The Global Health Ministries sharing information about our Rolling Bandage program and other service opportunities that GHM needs. Faith is looking for people who can spare a couple of hours once or twice a month. The sheets are picked up from a local hotel (they donate old sheets) and they are torn into strips, threads are stripped and then rolled into bandages.

Parish Nurse Notes

September 22nd is National Fall Prevention day. Whether you are young or old, falls can hurt!

How can we prevent falls? Here are some suggestions:

- Keep moving- This will help you gain muscle strength and coordination. If you are concerned about exercise, consult with your health care provider or physical therapist
- Wear sensible shoes
- Remove home hazards- limit rugs in your house and make sure they are not loose, have a path clear of clutter and cords around your house. Also use nonslip mats in showers and baths.
- Well lighted areas in your living area
- Use a cane or a walker when you feel unsteady- also use hand rails for stairs

The next blood pressure and blood sugar check is October 14th after service in Intern Jeff's old office. If you would like to talk to me, you can email Christy Pratt at parisnurse@faithlutheran.org

Fellowship Events

Pizza and Game Night will take place following Saturday evening worship on October 13th at 6:30 pm. Pizza and some games will be provided. Feel free to bring an appetizer/dessert to share along with any games you would like to play!

Good Time Rollers (open to others) will have a bonfire and fellowship event at Gerlach's (352 Crandall Dr. NE, CR) on Friday, October 19th beginning at 6:30 pm. Maid Rites and chips along with hot cocoa and smore's will be provided. Bring a snack to share and a lawn chair.



Men's Day of Renewal

Calling all men! Sign up now for a morning of interactive renewal with Pastor John on Saturday, October 6th from 9:00 am—noon at Prairiewoods Spirituality Center. Lunch will be provided. Sign up now on the clipboard on the welcome table in the narthex.



God's Work, Our Hands

We had another successful God's Work, Our Hands service day! We had a great turn out and it was wonderful to see all the yellow shirts at service. Thank you for all that helped served that day! We cleaned out invasive weeds at Indian Creek Nature Center, sorted fresh produce and canned food at HACAP, did a monetary and food drive to HACAP, 150 hygiene kits for WayPoint and Veteran's home in Marshalltown, 36 blankets for Cedar Valley Humane Society and 100 rolled bandages for Global Health Ministries. If you have a service project idea for next year, let Christy Pratt know.



Worship Team Update

Worship teams Update: Thank-you for a wonderful turnout on Rally Sunday. We are still looking for a few people to assist with Altar Guild, Ushering and Greeting. There are openings on Saturday as well as Sunday. There are 2 Sign-up sheets on the table in the Narthex. The openings are highlighted. Prayerfully consider signing up for one of our needs or to be a sub. Thank you—Connie Bulman, Worship Director

Upcoming Education

Save the dates for these upcoming education events at Faith!

Sept 23rd—Pastor's class resumes in Library

Sept 25th—Daytime Disciples begins

Oct 6th: Men's Day of Renewal @ Prairiewoods Spirituality Center

Oct 21st: Sunday School hour on Human Trafficking with Lenchen Raeside for 5th grade—adults

Nov 3rd: Women's Retreat at Faith 9-noon with light lunch at noon.

Please be sure to fill out your blue sheets and place them in the basket on the table. We look forward to starting small groups as soon as we can compile the information sheets. Please contact Diane Lehtinen if you have questions.



Wednesday Night Live

Wednesday, Sept. 19th —WNL Kickoff with Men's team for cooking and clean-up.

Wednesday, Sept 26th—WNL w/ Women's team for cooking and clean-up.

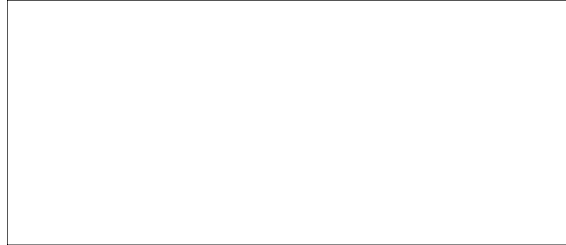
Wednesday, Oct 3rd —WNL w/HS team for cooking and clean- up.





155 Boyson Road
Marion, Iowa 52302-9443

Phone: 319.377.9700
Fax: 319.373.6001
Pastor John cell: 319.651.8171
Email: secretary@faithlutheran.org
Website: faithlutheran.org



We are a community of Faith,
growing in Christ, sharing God's love.

Worship Opportunities

All are welcome and invited to worship at
Faith Lutheran Church.

Worship Times

Saturdays

5:30 pm— Worship

Sundays

9:00 am— Worship

Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.

Faith Lutheran Church Staff

John A. Albertson
Senior Pastor

Jen Heinsius Secretary	Daniel Stone Director of Youth and Family Ministry
Diane Lehtinen Choir Director	Steve Roggow Bell Choir
Christy Pratt Parish Nurse	

Faith Lutheran Church Council Members

David Ripley President	Connie Bulman Director of Worship
Jeff Ausman Vice President	Kellie & Josh Osbeck Directors of Youth
Paula Burley Secretary	Barb & Chris Thompson Director of Fellowship
Karen Cain Treasurer	Director of Witness
Dave Koch Financial Secretary	Mike Dautremont Director of Facilities
Diane Lehtinen Director of Adult Nurture	Vicki Barnidge Director of Youth Nurture
Christy Pratt Director of Social Concerns	

But most of the real work is done by unpaid members of the congregation,
often without recognition, who see their service as a response to God.