



## The Question

“There is a Tibetan parable that says if we put a tablespoon of salt in a glass of water and drink it; the water will taste terrible and bitter. But if we were to stir that same tablespoon of salt into an enormous, clear blue mountain lake, the water in the lake would remain sweet; we would not taste the salt at all.

The problem, the Tibetans say, is not the salt we are given. The real problem is how spacious is the container into which that salt is poured.”

“The question is not, never, ever, whether or not we will be given challenges and limitations. We will. The question is, how will we hold them, how will we be changed, how will they shape us, what will we bring to the healing of them, what, if anything, will be born in its place?” (Source of parable: Muller, Wayne. A life of being, having, and doing enough.)

Jesus in the Gospel of Mark says, “Salt is good, but if salt has lost its saltiness, how can you season it? **Have salt in yourselves, and be at peace with one another.**”

When it rains it pours! Jesus calls us to be salt and light. This calling leads us into the unknown. Trials and hardships will come. There are hills and valleys, rocks and rain. There are also moments of great joy. Real happiness is found, come what may, as we live lives of salt and light. Go out, trusting in the promises, and be at peace!

It is a call to involvement. There are many opportunities available to have your saltiness restored. Check out the blue sheets on the information table in the Narthex. Where can you be involved? Lead a Bible study? Cook a meal? Being a part of the community means that we comfort one another, support one another, fellowship with one another, live in peace with one another. There is room for you!

### Inside this issue:

Faith Church News	2
Blood Drive	2
Fellowship Activities	2
Youth Events	3
Worship Opportunities	4

Peace,

Pastor John



## Faith Church News

**We continue to pray for** Milo Popp, Coreen Hein, Joyce Smith.

**The Prayer Shawl Ministry is looking** for more baby prayer shawls as our supply has dwindled. These may be 40" x 40" and can be knitted or crocheted. If interested, please contact Lori Tweeton at [churndash2008@yahoo.com](mailto:churndash2008@yahoo.com).

**Attention Golfers:** Faith Lutheran Church Golf Outing on Sunday, October 7th beginning at 2:30 pm at Fawn Creek Golf Course in Anamosa. Cost: \$22.00 (includes 9 holes of golf, cart, and a meal to follow) Format: 2 Person Best Shot Sign up sheet in the back of the Narthex. Questions: Contact Dave Gerlach Be prepared for lots of fun, food, and fellowship!

**Attention ladies:** Daytime Disciples will continue meetings on Tuesday, October 9th and Tuesday, October 23rd at 1:00 pm. All ladies are welcome!

**The Men's Team will have** a breakfast on Tuesday, October 9th at 9:00 am in the Family Center.

**The next blood pressure and blood sugar check** is October 14th after service in the Associate Pastor's office.

**Want to support Troop 360's trip to** Philmont, NM in 2019? If so, please see the Stark family to buy popcorn, chocolate covered pretzels, trail mix, or a military donation. If you want to support our Cub Scout in Pack 560, please see Dylan Schroeder.

**Confirmation will take place on** Sunday, October 28th at 9:00 am. On Sunday, October 21st from 11:30-1:30 pm we will have a mandatory rehearsal with reading of the Faith statements and meal to follow.

## Fellowship Events

**Pizza and Game Night** will take place following Saturday evening worship on October 13th at 6:30 pm. Pizza and some games will be provided. Feel free to bring an appetizer/dessert to share along with any games you would like to play!

**Good Time Rollers** (open to others) will have a bonfire and fellowship event at Gerlach's (352 Crandall Dr. NE, CR) on Friday, October 19th beginning at 6:30 pm. Maid Rites and chips along with hot cocoa and smore's will be provided. Bring a snack to share and a lawn chair.

## Blood Drive

Fight Back against Breast Cancer by Donating Blood! October is Breast Cancer Awareness Month - Every day, cancer patients receive regular blood transfusions as part of their treatment making cancer treatment the number one use for donated blood. 17% of all blood products are used to treat cancer. It takes donations from donors like YOU to help patients fight back against cancer. Donate Now!

**When: Monday, October 16th**

**Where: Resurrection**

**Time: 2:30 pm—6:30 pm**

## Marion Sr. Living 5KfRun

Marion Senior Living will be benefiting from a 5K Fun and a Run with an one mile family walk/run on Sunday, October 21st at 4:00 pm. To register go online at [www.getmeregistered.com/SOS5kfRun](http://www.getmeregistered.com/SOS5kfRun) or call 373-1955.

All proceeds will benefit Marion Senior Living Community. There are some sign up sheets available on the welcome table in the narthex.

## Men's Day of Renewal

Calling all men! Sign up now for a morning of interactive renewal with Pastor John on Saturday, October 6th from 9:00 am—noon at Prairiewoods Spirituality Center. Lunch will be provided. Sign up now on the clipboard on the welcome table in the narthex.



## Upcoming Education

Save the dates for these upcoming education events at Faith!

Oct 6th: Men's Day of Renewal @ Prairiewoods Spirituality Center

Oct 21st: Sunday School hour on Human Trafficking with Lenchen Raeside for 5th grade—adults

Nov 3rd: Women's Retreat at Faith 9-noon with light lunch at noon.

Please be sure to fill out your blue sheets and place them in the basket on the table. We look forward to starting small groups as soon as we can compile the information sheets. Please contact Diane Lehtinen if you have questions.

## October Youth & Family Event

Join us for a Family Outing to Bloomsbury Farm on Sunday, October 14th at 2:00 pm. We will carpool from Faith Lutheran leaving at 2:00 pm and return by 5:30 pm. Admission is \$10 per person. Please sign up on the welcome table in the narthex if you plan to attend. Adult drivers are always needed to help carpool. Our rain date is October 21st.



## October Movie Night

Join us for Family Movie Night on Saturday, October 20th From 7:00-9:00 pm the all ages options in the Family Center is "Hotel Transylvania 3" (PG) or for Bigger kids & Middle School in the Middle School room we have "Jurassic World- Fallen Kingdom" (PG-13).

For Middle School & Older in the Youth Room we have "Solo" (PG-13). The Grown Up Pick is "Mamma Mia! Here We Go Again"

(PG-13) (Pre-K youth must be accompanied by parent or caregiver) Donations are always welcome to help pay for the snacks, come and join the fun family night



## Wednesday Night Live

**Wednesday, Oct 3rd** –WNL w/HS team for cooking and clean- up.

**Wednesday, Oct. 10th** –WNL with Men's team for cooking and clean-up.

**Wednesday, Oct 17th**—WNL w/ Women's team for cooking and clean-up.

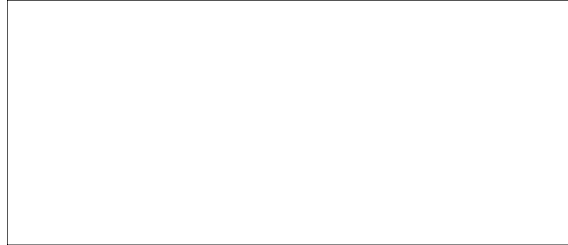
**Wednesday, Oct 24th**—WNL Worship w/HS team for cooking and clean-up.





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We are a community of Faith,  
growing in Christ, sharing God's love.

## Worship Opportunities

All are welcome and invited to worship at  
Faith Lutheran Church.

### Worship Times

#### Saturdays

5:30 pm— Worship

#### Sundays

9:00 am— Worship

*Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.*

#### Faith Lutheran Church Staff

**John A. Albertson**  
Senior Pastor

<b>Jen Heinsius</b> Secretary	<b>Daniel Stone</b> Director of Youth and Family Ministry
<b>Diane Lehtinen</b> Choir Director	<b>Steve Roggow</b> Bell Choir
<b>Christy Pratt</b> Parish Nurse	

#### Faith Lutheran Church Council Members

<b>David Ripley</b> President	<b>Connie Bulman</b> Director of Worship
<b>Jeff Ausman</b> Vice President	<b>Kellie &amp; Josh Osbeck</b> Directors of Youth
<b>Paula Burley</b> Secretary	<b>Barb &amp; Chris Thompson</b> Director of Fellowship
<b>Karen Cain</b> Treasurer	Director of Witness
<b>Dave Koch</b> Financial Secretary	<b>Mike Dautremont</b> Director of Facilities
<b>Diane Lehtinen</b> Director of Adult Nurture	<b>Vicki Barnidge</b> Director of Youth Nurture
<b>Christy Pratt</b> Director of Social Concerns	

But most of the real work is done by unpaid members of the congregation,  
often without recognition, who see their service as a response to God.